

We are so excited you will be joining our Tampa Heights Family! Here is our TOP 10 list to prepare your child at home!

## Your child should be able to:

1. Point out letters that they recognize and say its name. (Read with your child daily.)

2. Practice uppercase letters, lowercase letters and sound recognition. Print first name with only the first letter capitalized.

3. Practice number recognition. Count objects up to 10. Identify colors and basic shapes.

4. Know their birthday.

5. Hold a pencil, color, cut with scissors and tie shoes.

6. Follow two-step instructions: "Please go get your shoes and then put them on."

7. Talk about social skills: sharing, taking turns, positive words, asking for help and handling anger.

8. Take responsibility: clean up messes, dress themselves, get their own socks, coughing into elbow, using a tissue after sneezing, know how to blow nose independently, go to bed early and get up on time.

9. Go to the bathroom independently: Close the bathroom door, lift the seat up for boys, flush after use. Unbutton, button, unzip and zip clothes by themselves.

(Only use a belt if absolutely necessary- make sure your child is able to unfasten and refasten the belt independently.) Hand washing procedures.

10. Eat a "school lunch" in 20 minutes. (Make sure they can open anything you send with them. Talk to them about not sharing food because of unknown food allergies. Set a timer for 20 minutes and talk about how they may not finish eating and that's ok. Practice packing everything back up and talk about what is trash and what should come back home in their lunch box.)

## **Communication/Updates**

We use a variety of ways to communicate and keep up to date with our families. Here is our contact information: School Website: <u>http://tampaheights.mysdhc.org/</u> Twitter: @TampaHeights305 Facebook: Tampa Heights Magnet PTA

## Uniforms

\*Tops: Burgundy, navy or white

\*Bottoms: Khaki or navy

\*Students go on the playground each day. We strongly encourage closed toe shoes every day.

## Supplies

Our school supply list is on the Tampa Heights school website- under the Resources tab. Please label all items with your child's first name and last initial. (Label folders/spirals on the back.) One addition to the supply list will be; durable headphones to plug into our laptops. We normally share headphones, but we felt it would be safer for each child to have their own pair. Place in a gallon Ziploc bag with your child's first and last name written on the bag.

We can't wait to meet you! Ms. Austin, Ms. Nathan and Mrs. Schiele